EDUCATION PROGRAM FOR FAMILIES:
UNDERSTANDING SUBSTANCE USE
First United Methodist Church
15 East 2nd. Street Greensburg, PA. 15601
Enter in the side door next to the First Commonwealth Bank
across from the Y.M.C. A.

FREE and Open to the
General Public.
Attend ANYTIME!

Group Facilitators:
Peers in Recovery

Times: Tuesdays afternoons .......... 1:00 P.M. TO 2:00 P.M.   OR
       Wednesday evenings .......... 5:00 P.M. TO 6:00 P.M.
Sessions will not occur New Year's Day, 4th of July and Christmas Day.
Sessions may be cancelled due to inclement weather ..... Please call 724-832-5880

Topic Discussed:
Addiction as a brain Disease; Family Self-care; How to de-escalate
issues in the home; identifying enabling behaviors: creating healthy
boundaries; the hidden pain of the family members living with
substance using loved ones; tips to help loved ones stay ‘clean’; the
signs of relapse.

FOR ADDITIONAL INFORMATION: PLEASE CALL 724-832-5880